Program - Substance, Set & Setting. Medical, religious and other uses of psychedelics

Monday, August 28th

09.15-10.00 Walk-in and registration, we will start at 10:00 sharp
10.00-17:30 Open Space Session including lunch
17.30-19.00 Drinks
19.00 Pizza & movie screening ‘Descending the Mountain’ with director Maartje Nevejan

Tuesday, August 29th

9.30-10.00 Discussion - What kept you awake on day 1?
10.00-10.45 Presentation - Delphi study on setting

10.45-11.15 Break
11.15-12.00 Brainstorming session
12.00-14.00 Lunch + Poster presentations
14.00-15.30 Experiential sessions:
   Option 1: Music
   Option 2: Breathwork

15.30-16.00 Break
16.00-17.30 Panel discussion: Psychedelic practitioner perspectives
   *The contribution of music and rhythm to therapeutic, shamanic and religious applications of psychedelics.*
**Wednesday, August 30th**

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<th>Time</th>
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<tr>
<td>9.30-10.00</td>
<td>Recap of the previous day</td>
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<tr>
<td>10.00-10.45</td>
<td>Keynote Lecture: A Set &amp; Setting Model for the 21st Century</td>
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<td><strong>10.45-11.15</strong></td>
<td>Break</td>
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| 11.15-12.30 | Theoretical sessions   
   *Option 1: Beliefs and Placebo*  
   *Option 2: Preparation*        |
| **12.30-14.00** | Lunch + Poster presentations                                       |
| 14.00-15.00 | Experiential sessions     
   *Option 1: Meditation*  
   *Option 2: Ceremony & Rituals* |
| **15.00-15.30** | Break                                                               |
| 15.30-16.15 | Open brainstorm sessions                                           |
| 16.15-17.00 | Plenary reflection                                                   |
|          | Dinner                                                              |

**Thursday, August 31st**

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<td>9.30-10.00</td>
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| 10.00-10.45 | Theoretical session   
   *What measurements and methods can be used to assess set & setting?* |
| **10.45-11.15** | Break                                                               |
| 11.15-12.00 | Towards a research agenda 1: How Can We Measure Set & Setting?      |
| 12.00-12.45 | Towards a research agenda 2: Which hypotheses about Set & setting need to be tested? |
| **12.45-14.00** | Lunch                                                               |
14.00 -14.45  Towards a research agenda 3: How could science inform psychedelic practice?
14.45 -15.30  Discussion groups
15.30 -16.00  Break

16.00 -17.30  Plenary session: A research agenda for psychedelic research
17.30  Field trip and dinner

Friday, September 1st

9.30 -10.00  Recap of the previous day
10.00 -11.00  Towards a European research network
11.00 -11.30  Break
11.30 -13.00  Discussion panel: Reflections on set and setting applied
13.00 -14.30  Lunch
14.30 -15.00  Workshop wrap-Up and farewell